



# SUPERVISED SUPPLEMENTARY FEEDING PROGRAMME (SSFP)



## NUTRITIONAL CARE

### How much Balamrutham+ is to be given

Body Weight in Kg	For MAM 2 feeds per day (75 kcal/Kg Body Weight/Day)		For SAM 4 feeds per day (125 kcal/Kg Body Weight/Day)	
	Packets per Week	Scoops per Feed	Packets per Week	Scoops per Feed
4 - 4.4	1	1.0	1	1.0
4.5 - 4.9	1	1.0	1	1.5
5 - 5.4	1	1.0	1	1.5
5.5 - 5.9	1	1.5	2	1.5
6 - 6.4	1	1.5	2	1.5
6.5 - 6.9	1	1.5	2	1.5
7 - 7.4	1	1.5	2	2.0
7.5 - 7.9	1	1.5	2	2.0
8 - 8.4	1	1.5	2	2.0
8.5 - 8.9	1	2.0	2	2.0
9 - 9.4	2	2.0	2	2.5
9.5 - 9.9	2	2.0	2	2.5
10 - 10.4	2	2.0	2	2.5
10.5 - 10.9	2	2.0	2	2.5
11 - 11.4	2	2.0	3	2.5
11.5 - 11.9	2	2.5	3	3.0
>12	2	2.5	3	3.0

Note: Equal quantity of water/milk to be added for every scoop